

Society of St. Andrew

GLEANNING AMERICA'S FIELDS ~ FEEDING AMERICA'S HUNGRY

Harvest of Hope • Scott Briggs • Director • (434) 299-5956 • sosahoh@endhunger.org



Dear Adult Participant in Harvest of Hope:

We are excited that you have chosen to participate in a Harvest of Hope event. Harvest of Hope has been designed around two over-arching goals: 1) Increasing awareness about a broad spectrum of hunger and poverty related issues and 2) Creation of a new Christian Community during the event. Everything that goes on during the event has a specific purpose and is part of an integrated curriculum that supports those goals. We have crafted Harvest of Hope over 25 years to serve as an intentional faith experience for all participants. Event staff and volunteers have spent months carefully preparing for your Harvest of Hope event.

At Harvest of Hope everyone is a participant so you can expect to be involved in pretty much every component of the event from the time you check-in to when you leave to return home. In fact your participation is very important to the event. Your example throughout the week, especially concerning covenant keeping and your willingness to positively engage in the event, will go a long way in determining your group's response to the program.

As we strive to form a Christian Community during the event we ask for your help in making that happen. Since different youth groups will be making up this Christian Community it is important to encourage our groups to "mix it up" with the other groups throughout the entire event. We structure much of what we do to support this objective but we really need your help, particularly since our time together is so short. But don't worry; your group will have plenty of time and opportunity to strengthen their own bonds.

One of the things that make Harvest of Hope different is the educational component. Through engaging total group and small group activities we hope to increase our awareness about hunger and poverty related issues. The purpose of the educational times is not to convert you to "our" way of thinking but simply to present ideas and increase awareness. We trust that as Christians, participants will take these conversations and increased awareness back home with them where, in the context of their families and home church, they will find out what God would have them do. We devote a significant amount of time, at the end of every event, for each group to plan how they are going to join with God in helping their home communities.

Harvest of Hope is a very special program for us at Society of St. Andrew. It is the one program that best encompasses everything that our organization is about. We know that as participants return home and get involved in their communities that real hope is being harvested for the poor that live among us. So come, enjoy and participate in something very unique and very special.

Blessings, Scott

Event Location: _____

Event Date: _____

PARTICIPANT MEDICAL & LIABILITY FORM (REQUIRED)

Name _____ Gender _____ Birth date _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ 2nd Phone (Is this work or cell?) _____

Church _____ Email (optional) _____

LIABILITY WAIVER

Safety is of paramount importance in this event. For the protection of all involved, this disclaimer is necessary. I do not hold the Board, members, or employees of the Society of St. Andrew (SOSA), nor any volunteers, liable for any injury, bodily harm, accidents or death of myself / my child during events sponsored by the Society of St. Andrew. Neither will I hold the person(s) who owns and / or operates the farm(s) from which we glean, the agencies in which we volunteer, or the places where we stay liable for accidents, injury, or death during the events.

I give my permission for the Society of St. Andrew to use any photos and video in which I appear that are taken at events for news stories and promotional materials including newsletters, reports, websites, conference displays, and other appropriate publicity of the Society of St. Andrew.

Signature _____ Date _____ Signature _____ Date _____
Participant Parent/Guardian if participant is under 18 years of age

MEDICAL INFORMATION

Please print clearly and fill in this form to the best of your knowledge. Attach an extra sheet if necessary.

List any allergies to medicines, foods, insect stings, etc. _____

Date of last tetanus shot _____

List any history of serious illness (diabetes, asthma, epilepsy, etc.) or recent injuries or hospitalization _____

What medications are presently being taken? _____

List any concerns of which group leaders should be aware: _____

In the event (name) _____ suffers any illness or accident requiring emergency hospitalization, medication, or surgery while participating in this event, on the recommendation of the doctor, after consultation with the adults in charge of this event, I hereby give my permission for any medical treatment which may be deemed necessary and reasonable under the circumstances, understanding that the coordinator or other responsible person will contact me at the earliest possible moment. I fully understand and comprehend that reasonable care will be exercised by the adult staff for this event to protect the safety of those involved.

Signature _____ Date _____ Signature _____ Date _____
Participant Parent/Guardian if participant is under 18 years of age

Health Insurance _____ Policy # _____ SS # _____

Notify in case of emergency during this event:

Name _____ Relationship _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ 2nd Phone (Is this work or cell?) _____



HARVEST OF HOPE COVENANT OF CONDUCT

A Way of Life For Our Community of Faith in Action

We want everyone who attends Harvest of Hope to enjoy the experience. These guidelines ensure the safety of all involved. Everyone is expected to abide by this covenant and to hold each other accountable. The following covenant guidelines are designed to keep everyone happy, healthy, and able to enjoy the Harvest of Hope experience.

1. I will keep my conduct within the highest Christian regard and respect for all.
2. I will attend all scheduled sessions and activities on time. This includes arriving on time for registration and not leaving until the end of the last scheduled event.
3. I will respect the privacy of all participants, and I will not visit in rooms of people of the opposite sex.
4. I will not change my room or group assignments without the permission of the Event Coordinator.
5. I will not possess or use alcoholic beverages or any illegal substances (including drugs, fireworks, etc.).
6. I will not smoke or use any tobacco products at Harvest of Hope.
7. I will not bring or purchase junk food or soft drinks. Good nutrition is an important part of Harvest of Hope. All of my snacks and meals will be provided.
8. I will not leave the designated retreat center without permission of the Event Coordinator.
9. I will keep all curfews. Rest is required for hard work and concentration.
10. I will respect the unique perspectives expressed by all present, including my own.

In applying to attend Harvest of Hope, I agree to assume responsibility for my personal conduct in keeping with the principles of Christian faith. I also understand that violation of such principles will result in appropriate action by the leadership team. Action may include notification of parents, being sent home early, exclusion from future events, or other appropriate action.

Participant's Signature _____ Date _____

Parent's Signature (if under 18) _____ Date _____

Parent's Day Phone # _____ Evening Phone # _____

Harvest of Hope



Information Booklet for
Intergenerational Weekend

*WE'RE DOING SOMETHING
ABOUT HUNGER!*

Dear Harvest of Hope Participants:

I am excited that you will be participating in Harvest of Hope this year! I hope that you enjoy this physically, mentally, and spiritually challenging experience.

This booklet contains valuable information about preparing for your Harvest of Hope experience. Hopefully, it will answer most of your questions.

In this booklet is a letter with emergency information to leave with your family. The “Participant’s Form” (liability/medical form) and the “Covenant of Conduct” on its reverse must be brought to the event. You will not be allowed to participate in Harvest of Hope if you do not have this form completed, signed, and also co-signed by your parent or guardian if you are under 18.

Once your team arrives at Harvest of Hope, you will be encouraged to become part of the larger group. Mixing with the other teams will be an essential part of the experience. We will strive to form one group focused on feeding those who are hungry.

The leaders of your event and I are looking forward to your participation in Harvest of Hope. May you find the experience meaningful and a lot of fun! See you at the Harvest!

Blessings and safe travel, Scott Briggs—Harvest of Hope Director



What to Expect at Harvest of Hope

Gleaning: You will spend the mornings out in the fields gleaning crops that would normally go to waste after a farmer’s harvest.

Study: You will also take time to learn about hunger. You'll spend time in small and large groups discussing hunger issues, participating in simulations, watching films, and learning about the realities of hunger in our world.

Worship: Each day will begin and end with worship. These informal services will integrate the varied experiences of the event and help us focus on our Christian responsibility toward those in need.

Meals: Harvest of Hope is intentional about emphasizing good nutrition and responsible lifestyle. Food preparation varies depending on the camp. Some of our food is prepared by the camp cooks, some by our own volunteer cooks. A hunger awareness meal experience is planned for one of the meals.

Commitment: Your time at Harvest of Hope is just the beginning. We hope you'll learn lots of new things that you can take home with you. Harvest of Hope is much more than a mission camp; it's a challenge to us all to respond to Jesus' call.



*To those who have hunger, give bread.
To those who have bread, give a hunger for justice.
(Latin American table prayer)*

A Sample Daily Schedule

(Actual schedule may differ -- this is just a sample!)

Friday

6:00 - 7:00 p.m.	Participants arrive & register
7:00 - 7:30 p.m.	Group building
7:30 - 8:45 p.m.	Total group session & introduction
9:00 - 9:45 p.m.	“Remember Me” and worship
10:30 p.m.	Bedtime

Saturday

5:30 - 6:00 a.m.	Wake up & get ready to glean!
6:15 - 6:30 a.m.	Worship
6:35 - 7:00 a.m.	Breakfast & kitchen clean up
7:30 a.m.	Leave for the field and GLEAN!!!
1:00 p.m.	Lunch
2:30 - 5:00 p.m.	Afternoon free time
5:00 - 6:00 p.m.	Small groups
6:00 - 6:45 p.m.	Supper
6:45 - 8:30 p.m.	Total group session
8:45 - 9:30 p.m.	Worship
10:00 p.m.	Bedtime

Sunday

7:00 - 7:30 a.m.	Wake up!
7:30 - 8:15 a.m.	Breakfast
8:15 - 9:00 a.m.	Pack and clean up camp
9:00 - 9:20 a.m.	Evaluations
9:20 - 10:00 a.m.	Closing worship
10:00 a.m.	Group picture

*“There’s a hunger beyond food
that’s expressed in food,
and that’s why feeding
is always a kind of miracle”*

Sara Miles



Things to Bring

Accommodations at Harvest of Hope vary from modern dorms to rustic cabins. Ask your team leader what kind of facilities you will have at your event.

twin-sized linens or a sleeping bag, pillow

towels, washcloth, soap, shampoo, deodorant, ...

flashlight

bug repellent & sunscreen

work/gardening gloves

work clothes - bring clothes you don't mind getting dirty out in the fields.

bring long pants and light-weight long-sleeved shirts for sun, mosquito, and field protection. Dressing in layers is the best way to deal with weather (hot or cold) while gleaning.

something to hold very dirty clothes, like a trash bag

comfortable, sturdy work shoes - preferably waterproof. Sneakers are fine. **No open-toed shoes or sandals will be allowed for gleaning.**

informal clothes for free time and study sessions. Clothing must be appropriate for a Christian community!

jeans or other long pants for agency day

swimsuit in case there is a lake or pool at camp

rain gear (Yes, we glean in the rain!)

alarm clock

Bible

signed Covenant of Conduct & Participant's Form

Things to Leave at Home

All valuables and "extras" (i.e. MP3 players, laptops, curling irons, jewelry, dressy clothes, and hairdryers)

Snack food, soft drinks, and gum. The week before the event, cut down on snack foods and soft drinks to "withdraw" from caffeine and sugar that your body may be used to. We will not have soda or junk food at the event.

If you bring a cell phone, it must be left in your cabin and turned on only at free time. Only group leaders' phones may be taken to the fields or agencies.



Gleaning Rules

When gleaning, you are on another person's land. Treat it better than you treat your own property. We are guests; don't abuse the privilege, or we may lose it.

In the fields, the Field Supervisor is the boss. Follow his/her instructions and directions.

Glean and park only in those areas designated by the Field Supervisor.

Safety is of utmost importance while gleaning. If any activity is of questionable safety, do not do it. Do not climb trees or fences, do not ride on the back of moving trucks, and stay away from farm machinery.

Gleaning can be cancelled at any time if these rules are not being followed.

Helpful Hints

It is often good to dress in layers. In the mornings, it may be cool and wet, so long shirts and pants may be most comfortable. As it gets warmer, shorts and short sleeve shirts may be better.

Use sunscreen even when it is cold outside.

In corn fields and orchards, long sleeves and pants are needed. Leaves from cornstalks are sharp and can cut the skin. In many orchards, poison ivy and poison oak will be growing.

Gloves and hats should be worn by all gleaners.

Bathroom facilities are unavailable in most gleaning fields, so use them before coming to the farm



The Sponsor Program

It allows the people of your church and community to support you as you devote your time and energy to fighting hunger.

Participating is simple: Collect sponsors for the hours that you will spend gleaning at the event. Ask your sponsors to pledge an hourly amount for the time you glean and work at agencies during the week. After the event, collect the amount sponsors pledged to you for your work. Then send the contributions to the Society of St. Andrew. The money will help fund SoSA's year-round projects, such as the Potato Project.

At most weekend events, each participant will spend between 4 & 6 hours gleaning and working at agencies. The Society of St. Andrew provides food to hungry people at a total cost of about 2¢ a serving. At that rate, if you glean for 20 hours at the event and a sponsor pledges \$5 an hour to you, you will raise \$100—enough to provide 5,000 servings of food—with just one sponsor! (Form is attached at back of this booklet)

We encourage you to multiply the benefit of your team's gleaning efforts by participating in the sponsor program. Since its inception in 1979, SoSA has salvaged over 500 million pounds of produce— billions of servings of food for the poor! Help us keep it up!



Hunger Quiz

- 1) How many people across the planet are chronically hungry and malnourished?
a. 468 million b. 618 million c. 854 million d. 1 billion

- 2) The Food and Agriculture Organization of the U.N. has set the minimum requirement for caloric intake per person per day at 2410. Worldwide, how many calories are available per person per day?
a. 2775 b. 2310 c. 790 d. 1940

- 3) What would be the additional annual cost of providing the basic health and nutrition needs of the world's poorest people?
a. \$10 billion b. \$13 billion c. \$15 billion d. \$17 billion

- 4) How much money did Americans spend on pets last year?
a. \$9 billion b. \$18 billion c. \$23 billion d. \$41 billion

- 5) How much money did we spend on ice cream last year?
a. \$5 billion b. \$11 billion c. \$16 billion d. \$21 billion

- 6) What percentage of households, in America, with children were food insecure at some time during the year.
a. 8% b. 12% c. 16% d. 20%

- 7) What percent of the world's population lives on \$2 or less a day?
a. 10% b. 35% c. 50% d. 80%

- 8) How much of the food available for human consumption in the United States is annually wasted at the retail, consumer, and food service levels?
a. 36 billion pounds b. 66 billion pounds
c. 96 billion pounds d. 126 billion pounds

- 9) God has given us enough resources to end hunger in America and in the world.
_____ True _____ False

- 10) Bonus Question: There are more shopping malls in America than High Schools?
_____ True _____ False



Eating Record

Many people in the world don't have access to an adequate diet. Fortunately, most of us in the United States are blessed with more than enough. Still, a lot of us make poor food choices and don't eat very healthy. For the three days before you go to Harvest of Hope, record what you eat using the spaces below. No one will collect this, so be honest! Don't change your habits in any way. What good/bad food choices do you make?

Day 1

Day 2

Day 3

"But if anyone has enough money to live well and sees a brother or sister in need and refuses to help—how can God's love be in that person? Dear children, let us stop just saying we love each other; let us really show it by our actions."

I John 3:17-18 (*New Living Translation*)

What do you think this Bible verse asks us to do? Does it apply to our responsibility to hungry and poor people?

Answers to quiz

- 1) D. UN Food and Agriculture Organization 2009
- 2) A. UN FAO
- 3) B. UN Development Programme
- 4) D. APPMA 2007
- 5) D. International Dairy Food Association 2009
- 6) C. Economic Research Service USDA 2009
- 7) C. UN World Summit 2005
- 8) C. USDA
- 9) True
- 10) True

Harvest of Hope



Information Booklet for
Weeklong event

*WE'RE DOING SOMETHING
ABOUT HUNGER!*

Dear Harvest of Hope Participants:

I am excited that you will be participating in Harvest of Hope this year! I hope that you enjoy this physically, mentally, and spiritually challenging experience.

This booklet contains valuable information about preparing for your Harvest of Hope experience. Hopefully, it will answer most of your questions.

In this booklet is a letter with emergency information to leave with your family. The “Participant’s Form” (liability/medical form) and the “Covenant of Conduct” on its reverse must be brought to the event. You will not be allowed to participate in Harvest of Hope if you do not have this form completed, signed, and also co-signed by your parent or guardian if you are under 18.

Once your team arrives at Harvest of Hope, you will be encouraged to become part of the larger group. Mixing with the other teams will be an essential part of the experience. We will strive to form one group focused on feeding those who are hungry.

The leaders of your event and I are looking forward to your participation in Harvest of Hope. May you find the experience meaningful and a lot of fun! See you at the Harvest!

Blessings and safe travel, Scott Briggs—Harvest of Hope Director



What to Expect at Harvest of Hope

Gleaning: You will spend the mornings out in the fields gleaning crops that would normally go to waste after a farmer’s harvest.

Study: You will also take time to learn about hunger. You'll spend time in small and large groups discussing hunger issues, participating in simulations, watching films, and learning about the realities of hunger in our world.

Worship: Each day will begin and end with worship. These informal services will integrate the varied experiences of the event and help us focus on our Christian responsibility toward those in need.

Meals: Harvest of Hope is intentional about emphasizing good nutrition and responsible lifestyle. Food preparation varies depending on the camp. Some of our food is prepared by the camp cooks, some by our own volunteer cooks. Churches help us with lunch meals. A hunger awareness meal experience is planned for one of the meals.

Commitment: Your time at Harvest of Hope is just the beginning. We hope you'll learn lots of new things that you can take home with you. Harvest of Hope is much more than a mission camp; it's a challenge to us all to respond to Jesus' call.



*To those who have hunger, give bread.
To those who have bread, give a hunger for justice.
(Latin American table prayer)*

A Sample Daily Schedule

(Actual schedule may differ -- this is just a sample!)

Sunday

6:00 - 7:00 p.m.	Participants arrive & register
7:00 - 7:30 p.m.	Group building
7:30 - 8:45 p.m.	Total group session & introduction
9:00 - 9:45 p.m.	“Remember Me” and worship
10:30 p.m.	Bedtime

Daily

5:30 - 6:00 a.m.	Wake up & get ready to glean!
6:15 - 6:30 a.m.	Worship
6:35 - 7:00 a.m.	Breakfast & kitchen clean up
7:30 a.m.	Leave for the field and GLEAN!!! (Wednesday—agency day)
12:30 p.m.	Lunch at a local church
2:30 - 5:00 p.m.	Afternoon free time
5:00 - 6:00 p.m.	Small groups
6:00 - 6:45 p.m.	Supper
6:45 - 8:30 p.m.	Total group session
8:45 - 9:30 p.m.	Worship
10:00 p.m.	Bedtime

Saturday

7:00 - 7:30 a.m.	Wake up!
7:30 - 8:15 a.m.	Breakfast
8:15 - 9:00 a.m.	Pack and clean up camp
9:00 - 9:20 a.m.	Evaluations
9:20 - 10:00 a.m.	Closing worship
10:00 a.m.	Group picture

*“There’s a hunger beyond food
that’s expressed in food,
and that’s why feeding
is always a kind of miracle”*

Sara Miles



Things to Bring

Accommodations at Harvest of Hope vary from modern dorms to rustic cabins. Ask your team leader what kind of facilities you will have at your event.

twin-sized linens or a sleeping bag, pillow

towels, washcloth, soap, shampoo, deodorant, ...

flashlight

bug repellent & sunscreen

work/gardening gloves

work clothes - bring clothes you don't mind getting dirty out in the fields.

bring long pants and light-weight long-sleeved shirts for sun, mosquito, and field protection. Dressing in layers is the best way to deal with weather (hot or cold) while gleaning.

something to hold very dirty clothes, like a trash bag

comfortable, sturdy work shoes - preferably waterproof. Sneakers are fine. **No open-toed shoes or sandals will be allowed for gleaning.**

informal clothes for free time and study sessions. Clothing must be appropriate for a Christian community!

jeans or other long pants for agency day

swimsuit in case there is a lake or pool at camp

rain gear (Yes, we glean in the rain!)

alarm clock

Bible

signed Covenant of Conduct & Participant's Form

Things to Leave at Home

All valuables and "extras" (i.e. MP3 players, laptops, curling irons, jewelry, dressy clothes, and hairdryers)

Snack food, soft drinks, and gum. The week before the event, cut down on snack foods and soft drinks to "withdraw" from caffeine and sugar that your body may be used to. We will not have soda or junk food at the event.

If you bring a cell phone, it must be left in your cabin and turned on only at free time. Only group leaders' phones may be taken to the fields or agencies.



Gleaning Rules

When gleaning, you are on another person's land. Treat it better than you treat your own property. We are guests; don't abuse the privilege, or we may lose it.

In the fields, the Field Supervisor is the boss. Follow his/her instructions and directions.

Glean and park only in those areas designated by the Field Supervisor.

Safety is of utmost importance while gleaning. If any activity is of questionable safety, do not do it. Do not climb trees or fences, do not ride on the back of moving trucks, and stay away from farm machinery.

Gleaning can be cancelled at any time if these rules are not being followed.

Helpful Hints

It is often good to dress in layers. In the mornings, it may be cool and wet, so long shirts and pants may be most comfortable. As it gets warmer, shorts and short sleeve shirts may be better.

Use sunscreen even when it is cold outside.

In corn fields and orchards, long sleeves and pants are needed. Leaves from cornstalks are sharp and can cut the skin. In many orchards, poison ivy and poison oak will be growing.

Gloves and hats should be worn by all gleaners.

Bathroom facilities are unavailable in most gleaning fields, so use them before coming to the farm



The Sponsor Program

It allows the people of your church and community to support you as you devote your time and energy to fighting hunger.

Participating is simple: Collect sponsors for the hours that you will spend gleaning at the event. Ask your sponsors to pledge an hourly amount for the time you glean and work at agencies during the week. After the event, collect the amount sponsors pledged to you for your work. Then send the contributions to the Society of St. Andrew. The money will help fund SoSA's year-round projects, such as the Potato Project.

At most weeklong events, each participant will spend between 18-25 hours gleaning and working at agencies. The Society of St. Andrew provides food to hungry people at a total cost of about 2¢ a serving. At that rate, if you glean for 20 hours at the event and a sponsor pledges \$5 an hour to you, you will raise \$100—enough to provide 5,000 servings of food—with just one sponsor! (Form is attached at back of this booklet)

We encourage you to multiply the benefit of your team's gleaning efforts by participating in the sponsor program. Since its inception in 1979, SoSA has salvaged over 500 million pounds of produce— billions of servings of food for the poor! Help us keep it up!



Hunger Quiz

- 1) How many people across the planet are chronically hungry and malnourished?
a. 468 million b. 618 million c. 854 million d. 1 billion

- 2) The Food and Agriculture Organization of the U.N. has set the minimum requirement for caloric intake per person per day at 2410. Worldwide, how many calories are available per person per day?
a. 2775 b. 2310 c. 790 d. 1940

- 3) What would be the additional annual cost of providing the basic health and nutrition needs of the world's poorest people?
a. \$10 billion b. \$13 billion c. \$15 billion d. \$17 billion

- 4) How much money did Americans spend on pets last year?
a. \$9 billion b. \$18 billion c. \$23 billion d. \$41 billion

- 5) How much money did we spend on ice cream last year?
a. \$5 billion b. \$11 billion c. \$16 billion d. \$21 billion

- 6) What percentage of households, in America, with children were food insecure at some time during the year.
a. 8% b. 12% c. 16% d. 20%

- 7) What percent of the world's population lives on \$2 or less a day?
a. 10% b. 35% c. 50% d. 80%

- 8) How much of the food available for human consumption in the United States is annually wasted at the retail, consumer, and food service levels?
a. 36 billion pounds b. 66 billion pounds
c. 96 billion pounds d. 126 billion pounds

- 9) God has given us enough resources to end hunger in America and in the world.
_____ True _____ False

- 10) Bonus Question: There are more shopping malls in America than High Schools?
_____ True _____ False



Eating Record

Many people in the world don't have access to an adequate diet. Fortunately, most of us in the United States are blessed with more than enough. Still, a lot of us make poor food choices and don't eat very healthy. For the three days before you go to Harvest of Hope, record what you eat using the spaces below. No one will collect this, so be honest! Don't change your habits in any way. What good/bad food choices do you make?

Day 1

Day 2

Day 3

"But if anyone has enough money to live well and sees a brother or sister in need and refuses to help—how can God's love be in that person? Dear children, let us stop just saying we love each other; let us really show it by our actions."

I John 3:17-18 (*New Living Translation*)

What do you think this Bible verse asks us to do? Does it apply to our responsibility to hungry and poor people?

Answers to quiz

- 1) D. UN Food and Agriculture Organization 2009
- 2) A. UN FAO
- 3) B. UN Development Programme
- 4) D. APPMA 2007
- 5) D. International Dairy Food Association 2009
- 6) C. Economic Research Service USDA 2009
- 7) C. UN World Summit 2005
- 8) C. USDA
- 9) True
- 10) True



Society of St. Andrew

SOSA IS GREEN

GLEANNING AMERICA'S FIELDS
FEEDING AMERICA'S HUNGRY

THE ULTIMATE GREEN MINISTRY

✓ GOOD STEWARDS OF GOD'S CREATION

SoSA was founded in 1879 by two families upon the Christian principles of caring for the environment by living a simple, sustainable lifestyle and caring for those in need by providing a common-sense solution to the problem of food waste and feeding the hungry.

As good stewards of God's creation, the Society of St. Andrew (SoSA) uses the abundance of food that God has provided to feed those who don't get enough to eat... all for about 12¢ per serving.

SoSA, a corporate responsible organization, is a diligent recycler of office by-products, judicious user of power and water, and scrupulous steward of food and financial resources.

✓ SAVES GOOD FOOD FROM GOING TO WASTE

SoSA saves more than 20 million pounds of perfectly good, fresh produce each year, food that otherwise will go to waste, and converts it to feed the hungry.

Using the ancient biblical practice of gleaning farms and orchards after the harvest, each year SoSA engages tens of thousands of volunteers who put their hands into action picking, bagging and delivering leftover crops that will not be sold.

✓ BENEFITS THE ENVIRONMENT

SoSA saves more than 10,000 tons of food waste out of landfills, saving not only the good food but the high cost of dumping, plus it reduces the amount of methane (gas) released into the environment.

Promoting healthy, nutritious eating practices, SoSA supplies fresh vegetables and fruits (other than high sodium "flea food") improving the health and well-being of our society's most vulnerable.

✓ OPPORTUNITIES TO ACT ON OUR FAITH

Harvest of Hope, SoSA's mission retreat program, teaches youth and adults how to live responsibly in a hungry world and to care for those who are hurting.

SoSA's Gleaning Method and Peas & Produce Program provide opportunities to put faith and "do good" commitments into action by gleaning kitchen produce from farms and bagging excess loads of produce, then distributing the food to food agencies.

SoSA offers seasonal devotions and other programs (Lent, Advent, VBS, Alternative Christmas Card) to enrich the spiritual life and invite participants to become engaged in feeding the hungry through prayer, volunteerism, and financial giving.

GO GREEN WITH SOCIETY OF ST. ANDREW

✓ PRAY ✓ VOLUNTEER ✓ DONATE



3383 Sweet Hollow Road • Big Island • Virginia 24526
434-299-5956 • 800-333-4597 • sosainfo@andhunger.org • andhunger.org



*We need
your help!*

PASS THE POTATOES!

At Harvest of Hope, we learn that **there are lots of ways to help hungry people**. Many people don't have the time, physical conditioning, or opportunity to go out in the fields themselves to glean leftover produce like Harvesters of Hope will at the event. **IT JUST MAKES "CENTS"** for those who can't join the HOH team to sponsor them so that they, too, are following God's command to feed the hungry.

Money raised through the Harvest of Hope Sponsor Program "**Pass the Potatoes**" goes to feed hungry people across America through the Society of St. Andrew's Potato Project. This program salvages about 30 million pounds of produce (all kinds, not just potatoes!) every year by paying freight costs to ship the produce from farmers and retailers who can't sell it to food agencies that can give it out to families in need, often within 48 hours. The food is perfectly good and nutritious; it is just not cosmetically up to standards or is a surplus, so it was going to be left somewhere to rot! **The cost for the Society of St. Andrew to salvage produce is just 6¢ a pound, equaling about 2¢ a serving!**

Every \$1 a Harvest of Hope team member gets through the "Pass the Potatoes" Sponsor Program will provide 17 pounds of potatoes.

Skip ordering soda at lunch today and save \$2!

Pack your lunch all week and save \$15!

Plan a family game night instead of going to a movie and save \$50!

**Support your Harvest of Hope team.
Approach them today to become a sponsor!**

